

## Roane State Community College Suicide Prevention Plan

Roane State Community College (RSCC) has developed this suicide prevention plan in compliance with the requirements of T.C.A. § 49-7-172. It will be disseminated to students, faculty, and staff each semester (fall, spring, summer) by email.

### Prevention and Intervention

There is no typical suicidal person. No age group, ethnicity, or background is immune. Some troubled individuals display behaviors that may signal their suicidal intent. Suicide statistics, warning signs, and more information is located on the Tennessee Suicide Prevention Network website and on the Roane State Counseling Services website.

RSCC's contact for the suicide prevention plan is Jeff Snell, Counselor, 865-481-2003 or [snellja@roanestate.edu](mailto:snellja@roanestate.edu). In the event of an emergency, please call 911 or one of the mental health crisis numbers below for assistance 24 hours a day.

Faculty and staff in need of mental health services may contact Employee Assistance Program (EAP) at 1-855-Here4TN (or 865-437-3486) or online at [www.Here4TN.com](http://www.Here4TN.com). In the event of an emergency, please call 911 or one of the mental health crisis numbers below for assistance 24 hours a day.

### Suicide Prevention or Mental Health Crisis

If you or someone you know are in immediate danger to self or others, please call 911 immediately.

24 Hour Assistance for Mental Health Crises:

Organization/Service	Information	Phone Number
Suicide & Crisis Lifeline	Text number to get assistance in all states	988
TN Statewide Crisis Line for mental health emergencies	State of TN - all counties. Call 24/7 to be routed to a trained crisis specialist in your area	855-274-7471 (or 855-CRISIS-1)
The Crisis Text Line	24/7 Text Line for persons in crisis to connect to a trained counselor	Text <b>TN</b> to <b>741741</b>
National Suicide Prevention Lifeline/Military Veterans Crisis Line	24-Hour Crisis line for the general public and military veterans	800-273-8255 / 800-273-TALK 800-799-4889 (Deaf/Hard of Hearing) 888-628-9454 (Spanish)

### Prevention and Intervention Components & Resources

The key component of RSCC's suicide prevention plan is promotion of the TN Statewide Crisis Line, the National Suicide Prevention Lifeline, the Crisis Text Line, and other community resources through the following methods:

- Email to students, faculty, and staff each semester

- Counseling Website
- Student Handbook

### **Additional Mental Health Resources**

A Mental Health Resource List, which includes mental health community resources and several around the clock suicide prevention/crisis resources, is available on the Counseling web page at [www.roanestate.edu/counseling](http://www.roanestate.edu/counseling).

### **Intervention Procedures**

Recognizing the warning signs of suicide and taking the necessary steps, may help save a life. Suicide warning signs and more information is located on the Tennessee Suicide Prevention Network website and on the Roane State Counseling website. For immediate help 24 hours a day, please contact the Tennessee Statewide Crisis Line at 855-CRISIS-1 (855-274-7471), the National Suicide Prevention Lifeline at 1-800-273-TALK (1-800-273-8255), text TN to The Crisis Text Line at 741741, Text the Suicide and Crisis Lifeline at 988, or dial 911.

### **If someone you know is suicidal, seek professional assistance immediately.**

If the suicidal person has plans or access to a lethal means, is planning to make an attempt very soon, or is currently in the process of making an attempt, this individual is in imminent danger. Get the person help immediately, and call 911 without delay.

If a student, faculty, or staff member encounters a suicidal student during normal office hours, you may contact Jeff Snell at 865-354-3000 ext. 2274 or the Dean of Students, Dr. Lisa Steffensen at 865-882-4540. If you are unable to reach someone, or if it is after hours, please call 911 immediately.

### **Postvention Procedure**

In the event of a death by suicide of a student, faculty, or staff of RSCC, please immediately notify the individual(s) below, or their designee, who in turn, will notify the President's Cabinet:

- Jeff Snell, Lead Counselor, 865-354-3000 ext. 2274
- Laura Branson, Counselor, 865-354-3000 ext. 4291
- Dr. Lisa Steffensen, Dean of Students, 865-882-4540

Campus leadership will determine an appropriate response on a case-by-case basis with the goal of providing appropriate campus and community resources to those impacted