



Oak Ridge Institute for Continued Learning

Winter/Spring 2025

ORICL - Enriching Lives Through Continued Learning

February 3 through April 25, 2025
Online Registration Opens December 3, 2024



ORICL...



"A perfect blend of those who love to learn with those who love to teach"

INFORMATION ABOUT ORICL

Oak Ridge Institute for Continued Learning is hosted by Roane State Community College (RSCC). ORICL is administered by a board of directors elected by its membership. RSCC provides classrooms, an office, and administrative support. Residents of Oak Ridge and the surrounding area of all backgrounds and educational levels are invited to become members. ORICL's programs are designed to respond to the interests of the participants who may take courses, go on group trips, or participate in other activities. In order to attend ORICL classes and activities, **it is necessary to join the Institute as a dues-paying member.**

Registration Procedures:

Classes and activities for the winter/spring 2025 term begin Monday, February 3. You may **register online or submit a paper registration form** to the office.

Couples: Please submit two separate forms even if identical classes are selected.

Paper registrations submitted to the office will not be entered into the system until the day after online registration opens: **Tuesday, December 3, at 9:00 a.m.** Checks for **the full amount of membership fee must accompany the forms** (unless previously submitted). Class fulfillment will be on a first come, first served basis. The earlier the paper registration is submitted the better chance you will be accepted into the class.

Online registration opens at **9:00 a.m. Tuesday, December 3**, at that time members may choose up to 10 classes. Members will be notified via email when registration opens for additional sessions beyond the initial choice of 10.

If you have any questions about the registration process, please contact the office at 865-481-8222. We will be glad to answer your questions. If you previously registered via paper form and now wish to register online, please call the office for instructions. **Class schedules** will be mailed. If you receive notification that you are on a waiting list, you will be notified if a space becomes available.

Fees:

Membership: Membership fees are now due: \$130 per registrant (includes ORICL's remaining two terms: winter/spring 2025 and summer 2025). Winter/spring term 2025 begins Monday, February 3. Members may choose to donate additional funds to ORICL. See page 32 for more information.

Additional Fees: Some courses (art courses, special activities) may entail additional fees for materials. Please send fees to the ORICL office after receipt of acceptance into the class. For Winter/Spring 2025 **all class fees are due by February 3 unless otherwise stated; without exception; nonpayment results in cancellation** of the registrant in the class. These fees are only **refundable** if we can find a replacement. ****If you paid in the Fall, no membership fee is due. If you are new to ORICL, the membership fee of \$130 is now due.****

Front cover photos from summer and fall 2024. The trip in summer 2024 included visits to Fort Loudoun, Sam Houston Schoolhouse, and Marble Springs. The class photo was taken at the Cedar Barrens in Oak Ridge. Photos provided by Sue Lasky and Kris Light. ORICL reserves the right to take photographs in ORICL classes and on trips. Photographs may be used in ORICL newsletters, brochures, course catalogs, and/or other publicity designed to help the organization meet its mission.

CONTENTS

Art, Culture, Music & Travel 4	Health, Wellness & Medicine 20
100: Songs of Nature 4	400: Aging & Independence 20
101: Organ Music.....4	401: Better Mental Health 21
102: History of the Blues5	402: Narrative in Medicine 21
103: Shostakovich - Music5	403: Body Menders 22
104: Piano Recital6	404: Health Updates 22
105: Introduction to Theatre6	
106: <i>Art a la Carte</i> Film Series6	Literature 22
107: Coiled Clay Pottery.....7	450: <i>Slaying Vampires</i> - Novel Study 22
108: Expressive Art Journaling.....7	451: <i>It Ends with Us</i> - Novel & Movie..... 23
109: Heart Charm Bracelet/Earring7	452: Shakespeare Out Loud..... 23
Computers, Science & Technology 8	453: Writing Briefly 23
150: Perfect Continent?8	454: Writing about People 24
151: Groundwater, Rocky Mountains8	455: Silas House 24
152: Technical Book Group.....8	456: Traditional Ballad..... 24
153: Dark Matter, Dark Energy.....9	457: Fiction Book Group..... 24
Finance & Business 9	458: Classic Literature Revisited 25
200: Investing in Stocks, Long Term9	459: Let's Read a Mystery 25
201: Stock Investing for Income 10	460: Speculative Fiction Book Group..... 25
202: Transferring Values 10	461: Nonfiction Book Group..... 26
203: TCJA Sunset..... 11	Language 26
Community & Government 11	500: Russian I..... 26
250: Youth in Our Community..... 11	501: Russian II..... 26
251: City of Oak Ridge 101 12	502: Russian III..... 27
History 12	503: Russian IV 27
300: Scotland and Scots-Irish 12	504: Russian V 27
301: Building Blocks American Thought.... 12	505: Ukrainian I..... 27
302: French Revolution 13	506: Ukrainian II..... 28
303: Russian Revolution 13	507: Ukrainian Via Russian..... 28
304: Ken Burns, Part II..... 13	508: Latin II - Intermediate 28
305: William Blount 14	Hobbies & How-to 28
306: Lewis and Clark..... 14	550: Family History 28
307: "The Ladies' Ironclad" 15	551: Cooking for One or Two 29
308: American Civil War..... 15	552: All Things Gardening..... 29
309: Secret City Stories..... 15	553: Nature Photography..... 29
310: Holocaust Education Study 16	554: Hiking the Triple Crown..... 30
311: Oak Ridge Pioneers 16	555: Cryptic Varietal Crossword..... 30
312: Traveling to Swabia, Part II 17	556: Learn to Play Pinochle 30
313: Scarboro 85 17	557: Crochet and Conversation 31
314: Auto History, Part 2 17	Lecture Series/Special Presentations
315: Return to Thunder Road..... 18	600: Friday Lecture Series 31
316: America's Original Inhabitants..... 18	601: Oak Ridge Poet Laureates 32
Philosophy & Religion 18	Directions & Map 33
350: Lovingkindness 18	Board of Directors 35
351: History of the Jews, Part II..... 19	Curriculum Committee 35
352: Living with Antisemitism 19	
353: Theology: Speaking of God 20	

CLASSES

Class format information - Unless otherwise noted, each class will meet in-person. Classes meet at the Oak Ridge campus of Roane State Community College, 701 Briarcliff Avenue with the exception of art classes that meet at the Oak Ridge Art Center; Body Menders will meet at the Children's Museum. The description will so indicate. If a class will be online only via ZOOM or a hybrid class (choice between in-person or online) it will be indicated beside the class title.

Class disclaimer - The course content provided in these classes is for information purposes only and may not apply to your individual situation. ORICL and the staff provide no warranty about the content or accuracy of subject matter presented. Information provided is subjective. Keep this in mind when attending these classes. Any individual actions taken as a result of a course should be reviewed with a competent authority. Please contact the office if you have any questions.

ART, CULTURE, MUSIC & TRAVEL

100 Songs of Nature

Elza Gate (Pat Parr and Bob Cushman) will be performing songs with a nature theme – birds, trees, flowers, and so on. Plenty of opportunities to join us in some sing-a-longs!

Elza Gate is a folk duo (Pat Parr and Bob Cushman) from Oak Ridge, TN that, since 2015, has performed a wide variety of music, including bluegrass, country and traditional tunes from the southern mountains, British Isles, and Canada. They play regularly at the Museum of Appalachia in Norris, TN and the Lilly Pad Hopyard Brewery in Lansing, TN and have played at other venues locally and in Kentucky and West Virginia. Elza Gate has released its first CD, "Live at the 201." Follow them at <https://www.facebook.com/ElzaGateMusic>.



One session: Thursday, 2:30 p.m. - 3:40 p.m., February 20

101 Organ Music: A Style for Every Taste

This class will provide a brief description of different styles of organ music along with their time periods and representative composers will be given. Each section will be followed by a performance of the compositional style. This class will take place at the First United Methodist Church in Oak Ridge.



Josh Sumter is a native of Knoxville, who graduated from Maryville College with a Bachelor of Arts in music and from the University of Tennessee with a Master of Music in organ performance. Josh often does freelance work accompanying and collaborating with various choirs in east Tennessee, including multiple high school choirs, the former Tennessee Chamber Chorus, the Knoxville Choral Society, the Appalachian Men's Ensemble, the Appalachian Equality Chorus, and the choirs of East Tennessee State University. In addition to this, Josh has performed with other musical organizations including the UT Symphonic Band and the Oak Ridge Symphony. He also served as accompanist at UT for both the Women's Choral and the Concert Choir until accepting a full-time appointment at First United Methodist Church of Oak Ridge where he serves as the organist and choirmaster. Here he accompanies and directs six choral and instrumental ensembles and oversees a staff of seven singers and one assistant. Not one to stay still for very long, Josh recently acted as Dean of the Knoxville Chapter of the American Guild of Organists where he remains a member and continues to volunteer as webmaster.

One session: Thursday, 2:30 p.m. - 4:00 p.m., April 24.

This class will meet at First United Methodist Church, 1350 Oak Ridge Turnpike, Oak Ridge.

102 History of the Blues in Three Parts

In this class the following will be discussed:

- Early development of the Blues from field hollers to gospel music
- Delta Blues and the development of the Blues in the early 20th century
- Geographic and commercial development of the Blues to the present day

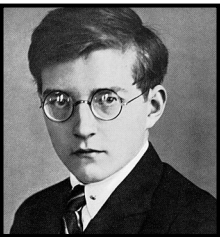


Robert Higginbotham is a founding member of the Smoky Mountain Blues Society. Rob was raised in Brooklyn, NY. His earliest musical influences were associated with the church where he sang in the choir from ages 6 to 14. His life changed when he saw B.B. King live at the age of 14 in 1967. Rob was influenced by the Kings, James Cotton, T-Bone Walker and others. He played drums in the Jazz Me Blues Band, The Four Gone Conclusions, and smaller projects before switching to guitar in the Performing Band in the early 1970s. After moving to Knoxville in 1989, Rob began going to jams and meeting other local folks. He ran the Blues Jam at Brackins Blues Club for 10 years. Besides playing guitar, Rob has been teaching guitar full time since 2004. He currently teaches at Open Chord in Knoxville, LeGrand Music in Fountain City, and online.

Born in Oak Ridge, TN, Doug Harris began singing in church choir when he was 4 years old. In 1994, Doug moved to Murfreesboro, TN, where he worked in retail management with several CD stores in middle Tennessee. There he learned about all genres of music. In addition, he took classes at Middle Tennessee State University, which included the history of popular music in America. Along the way he began playing harmonica. He began playing with bands. Doug returned to Knoxville in 2003. He began co-hosting the open mic at Brackins Blues Bar. In 2005, he and the band, Blue Revolution, represented the Smoky Mountain Blues Society at the International Blues Competition in Memphis, TN. Doug has released 2 full albums with The Dirty Dogs and one EP. Doug co-teaches the Blues in Schools program for the Smoky Mountain Blues Society. Doug teaches harmonica at Murlin's Music in Maryville, TN. Since 2014, he has been a volunteer at Blount Memorial Hospital in a program called Rare Aire, a medical fitness program utilizing harmonica and singing to improve lung function.

Three sessions: Mondays, 1:00 p.m. - 2:10 p.m., March 17, 24, 31

103 Shostakovich - His Life and Music



The life of Dmitri Dmitriyevich Shostakovich is inextricably connected with the history of his native country, Russia and the Soviet Union, and major world events of the twentieth century. In no other composer's work do we find such a mirror of contemporary Soviet history in music. Professor Greenberg will address his genius and his legacy in another of his DVDs from The Great Courses, media production series.

Dan Robbins retired from B&W Y-12 in 2013 after 47 years of company service. At Y-12 he was the director of the analytical laboratories. He is a chemistry graduate at UNC, Chapel Hill and earned a PhD at Princeton. He is the founding chairman of the Greenways of Oak Ridge Organization, which has supported the development of greenways in Oak Ridge since 1993.

Eight sessions: Wednesdays, 11:00 a.m. - 12:10 p.m., February 5, 12, 19, 26; March 5, 12, 19, 26

In the event of inclement weather: if the Oak Ridge campus of RSCC is closed, the ORICL office is closed and all ORICL classes are cancelled. Please stay abreast of weather conditions and monitor local news-casts. If RSCC, Oak Ridge campus is closed ORICL is closed. The exceptions are online classes and those held at the Oak Ridge Art Center. The ORAC follows the Oak Ridge city schools closure schedule.

104 Piano Recital

A program of classical music will be given at the First United Methodist Church, Oak Ridge, TN.

Slade Trammell, pianist, MM, has been heard in concerts across the U.S. and in Europe, including local performances with the Knoxville Symphony Orchestra and Roane Choral Society, and appearances in Salzburg, Paris, and Toronto. He studied under pianists Earl Wild, Ruth Slenczynska, and David Brunell. Also, a conductor, with many years of study under Serge Fournier. He is a graduate in conducting (with distinction in score reading) of the European American Musical Alliance Summer Institute in Paris.

Mr. Trammell currently serves on the music faculty of Roane State Community College having formerly served as Coordinator of Music at Hiwassee College.



One session: Monday, 2:30 p.m. - 3:40 p.m., February 24

This class will meet at First United Methodist Church, 1350 Oak Ridge Turnpike, Oak Ridge.

105 Introduction to Theatre

This class will explore theatre thought, philosophy, aesthetics, historical perspectives, and production practices.



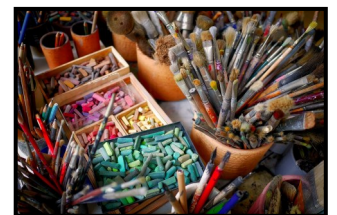
Steven Patrick McBride has instructed Introduction to Theatre since 2005 at Pellissippi State Community College, Roane State Community College, and Ohio University. Steven's acting credits include Sorin in 'The Seagull', and 'Ensemble in Love and Information', both at Pellissippi State. His directing credits include 'My Fair Lady', 'The Memory of Water, A Thousand Cranes', 'The Heidi Chronicles', 'The Fantasticks', and 'Six Characters in Search of an Author'. Steven assisted in instructing theatre movement at Robert Brustein's Institute for Advanced Theatre Training at Harvard University as an intern at the American Repertory Theatre.

He has worked on productions with theatre luminaries Arthur Kopit, Larry Gelbart, F. Murray Abraham, Cherry Jones, and Christopher Lloyd, among others. He has composed the music for several University of Tennessee productions, where he holds an MFA in Performance. He is part of the Theatre Faculty at PSCC.

Eight sessions: Tuesdays, 9:30 a.m. - 10:40 a.m., February 4, 11, 18, 25; March 4, 11, 18, 25

106 Art a la Carte Film Series

Art a la Carte is a series of brown-bag luncheon learning programs designed for those interested in the arts – both artists and arts appreciators. Films concentrate on art history, museum collections, interviews with artists and/or demonstrations by various artists, and the creative muse or spirit. The series is held the fourth Friday in each month at 12 noon. Each session runs approximately one and a half hours. Some films may be shown in two parts with plenty of overlap to help viewers orient themselves with the storyline, though most will be shown from start to finish on that day. Join us for this fascinating and illuminating series. This class meets monthly.



Four sessions: Fridays, 12:00 p.m. – 1:30 p.m., January 24; February 28; March 28; April 25
This class will meet at the Oak Ridge Art Center, 201 Badger Avenue, Oak Ridge.

107 Coiled Clay Pottery

Fee: \$60

Students will form a base and begin to roll out coils. They will then attach coils by scoring the clay and bonding or pinching method. Students can smooth coils or leave the shape showing. Repeating the method by rolling out clay into more coils, stacking and designing coils until the desired height and shape has been accomplished. After making their unique coil pots students will glaze their work to be kiln fired. After firing the students will pick up their beautifully made coil pots.



Bill Capshaw is a member of the advisory board of the Oak Ridge Art Center, where he oversees the planning and operation of the pottery studio and teaches beginning to advanced classes. He received a Bachelor of Fine Arts (ceramics) in 1971 and a Master of Fine Arts (printing process) in 1974. In addition to teaching at the Art Center, he has given workshops at facilities such as the Appalachian Center for Crafts, Arrowmont, John C. Campbell Folk School, and Vanderbilt University. As a professional artist, he competes locally and on a national level, has received many awards, and is represented in many museum collections.

Three sessions: Thursdays, 9:30 a.m. - 12:30 p.m., February 20, 27; March 6
This class will meet at the Oak Ridge Art Center, 201 Badger Avenue, Oak Ridge.

108 Expressive Art Journaling



The theme of this class is inspired by "Allegiance to Gratitude", the Thanksgiving Address of the Onondaga Nation of the Haudenosaunee Confederacy. This is found in the book *Braiding Sweetgrass* by Robin Wall Kimmer. Reading the book is NOT a prerequisite for the class, although if you enjoy reading you may want to read this at some point. After reading the Allegiance, participants will use the media of their choosing to work in a journal to create their interpretation of the expressions of gratitude and giving thanks mentioned at the beginning of each class. We will begin with giving thanks to Earth Mother, one another, and all living

beings with honor to nature's natural balance and harmony. Some mindfulness and meditation exercises will be incorporated for inspiration. For information or questions on materials, Karen can be contacted at careonb@yahoo.com.

Karen Byars graduated from Millersville University. She moved to Tennessee to work at Arrowmont School of Arts and Crafts in Gatlinburg. She then taught in Sevier County schools. Moving to Oak Ridge provided an opportunity to give private lessons. After retirement, she has taught expressive art journaling classes with teens and seniors as well as a painting class at Emory Valley Center.

Five sessions: Fridays, 2:00 p.m. - 4:00 p.m., February 14, 21, 28; March 7, 14
This class will meet at the Oak Ridge Art Center, 201 Badger Avenue, Oak Ridge.

109 Heart Charm Bracelet/Earring Set

Join us in making a seasonal bracelet and earring set just in time for Valentine's Day. This is a beginner friendly class, no prior experience necessary. We will be teaching you how to use a one-step looper, and basic tools to make a cute set featuring conversation heart charms and crystals.

Nicole Ferrara graduated in 2009 from California State University with a BA in art history and a double minor in philosophy and studio art-painting. Ms. Ferrara has shown her personal art extensively in California, Washington, and New York.



One session: Friday, 10:00 a.m. - 12:00 p.m., January 31
This class will meet at the Oak Ridge Art Center, 201 Badger Avenue, Oak Ridge.

COMPUTERS, SCIENCE & TECHNOLOGY

150 Is it Possible to Build a Perfect Continent?

Continental crust is the long-time scorekeeper of Earth history, while ocean crust is ephemeral. We want to explore the makeup of continents and ask if a perfect one already exists. After an introduction to basic principles (session 1), we will explore the origin of continental and oceanic crust, explore the composition (rocks, structure, and evolution) of existing continents (session 2); continental growth (session 3); and roles of continental and oceanic crust through time (sessions 4 and 5); then build our own future ideal continent (session 5); and have a field-trip introduction (session 6).



Field trip to northeast Tennessee and western North Carolina to see the only locally accessible old crust, recycled into newer Appalachian crust (Saturday, March 1). Field trip follow-up. Why do other planets *not* have continents (and oceans)? Does an already near-perfect continent exist?

Bob Hatcher officially “retired” on June 30, 2018, after 32 years at the University of Tennessee following 6 years at South Carolina University, 2 years at Florida State University, 12 years at Clemson University, and a year with Humble Oil and Refining Company (now ExxonMobil): a career spanning 51 years that began after receiving a BA in geology and chemistry (Vanderbilt University), MS in geology (Vanderbilt), PhD in geology (UT). During his career Bob published more than 200 refereed scientific works, including 10 books, along with many field guides and reports. The 3rd edition of his structural geology text was published in 2020. He also taught undergrad structural geology, physical and historical geology, mineralogy, optical mineralogy, petrology, and environmental geology as well as graduate level tectonics, structural geology, and Appalachian tectonics, to more than 2,000 students in four universities.

Six sessions: Tuesdays, 6:00 p.m. - 7:10 p.m., January 28; February 4, 11, 18, 25; March 4;
Field trip: March 1

151 Groundwater, Chalk, Rocky Mountains



In this class we will discuss the Chalk, a major aquifer of the United Kingdom, and abandoned mine-related groundwater in the Rocky Mountains.

Gareth Davies is a geologist and Fellow of the Geological Society of America. He has conducted decades of work in karst and fractured rocks, in several states and overseas, related to abandoned mines and water pollution in the U.S. Rocky Mountains.

Three sessions: Thursdays, 9:30 a.m. - 10:40 a.m., March 6, 13, 20

152 Technical Book Group

Would you like to learn more about rapidly changing science and technology? Class members read and discuss books on science and technology topics of interest, biographies of experts in each field, or historical accounts of key discoveries. Join this monthly group, share your perspectives, and discuss that month's book. Recently published works written for lay readers are recommended and selected by members of the group.



January 27: *Everything is Predictable: How Bayesian Statistics Explain Our World* by Tom Chivers

Class coordinator is Jim Rushton.

Five sessions: Mondays, 4:00 p.m. – 5:10 p.m., January 27; February 24; March 24; April 28; May 26

153 Dark Matter, Dark Energy: The Dark Side of the Universe, Part II

For the first time in human history, we know what the universe is made of. A series of remarkable observations at the close of the 20th century enable cosmologists to discover a complete inventory of the universe: about 5 percent *ordinary matter* (atoms, stars, galaxies), 25 percent *dark matter* (some new particle that hasn't yet been detected here on Earth), and 70 percent *dark energy*. Dark Energy is something completely new and unexpected: a kind of energy density that seemingly exists even in completely empty space. Together, dark matter and dark energy hold the key to the ultimate fate (and, possibly, the origin) of our universe.



This course will examine why we think dark matter and dark energy must exist and what they might be telling us about the mysteries of fundamental physics.

This DVD is from The Great Courses media series and presented by Professor Sean Carroll, a senior research associate in physics at the California Institute of Technology. He is a former instructor in the University of Chicago's physics department and Enrico Fermi Institute.

After the six sessions viewing the DVD lectures, there will be an additional session by Dr. Ralph Isler and Professor Soren Sorensen.

Dan Robbins retired from B&W Y-12 in 2013 after 47 years of company service. At Y-12 he was the director of the analytical laboratories. He is a chemistry graduate at UNC, Chapel Hill and a PhD at Princeton. He is the founding chairman of the Greenways of Oak Ridge Organization, which has supported the development of greenways in Oak Ridge since 1993, and from which he retired as Chairman this year.

Dr. Ralph Isler is a retired researcher from ORNL's Fusion Energy Division and Professor Soren Sorensen is a retired former Head of UT's Department of Physics. They have both previously lectured at ORNL on similar topics related to Cosmology. They will provide an update on the scientific information obtained since the DVD used in this course was produced.

Seven sessions: Wednesdays, 1:00 - 2:10 p.m., February 5, 12, 19, 26; March 5, 12, 19

FINANCE & BUSINESS

200 Investing in Stocks for the Long Term (online-ZOOM)

In this class you will learn:

- How to identify high quality stocks for long-term investing.
- How to analyze business fundamentals to find good values in the stock market.
- How to develop and manage a long-term portfolio of stocks.

This will be a "hands on" class with background and theory. We will then apply theory in the stock market. We will look at stocks from each of the 11 sectors of the market. We will learn some of the characteristics of companies in each of these sectors.



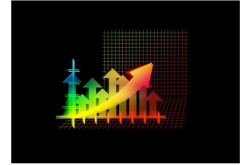
This is a class in long-term investing – not short-term trading. This is a class focusing on fundamental analysis – not technical analysis. This is a class on investing in stock – not options, mutual funds, exchange traded funds, bonds, commodities, or real estate.

Philip Barnette has been an active investor for over 20 years. He has worked in public accounting as a CPA, financial controller, treasurer, and chief financial officer for diversified businesses. He has a BS in mathematics. He has participated and led various investor groups for over 10 years.

Ten sessions: Wednesdays, 4:00 p.m. - 5:10 p.m., February 5, 12, 19, 26; March 5, 12, 19, 26; April 2, 9

201 Stock Investing for Income - Tools and Methods

The instructor will present and explore new and proven tools and methods to invest in stocks that generate income through dividends and basic stock options concentrating on covered calls (the safest type of stock options).



The main tool used for demonstrations will be a trading platform called thinkorswim® (TOS) Paper Money. TOS provides a way to simulate stock trades and learn various investing techniques that act just like real investing but does **not** require investment. Methods to use TOS for different kinds of investing: buy/sell stocks, generate dividends, and buy/sell covered calls (the safest type of stock options) will be presented and discussed. Analysis of stocks using TOS and other tools will be presented. Participation, questions, and suggestions will be encouraged. Capabilities to analyze and manage stock investing will be discussed.

Steven Earhart is a private investor who manages his own portfolio. He belongs to an investing group and has shared his successful strategies with them and now wants to share them with ORICL members. Steven is not a financial advisor or employed with a brokerage or investing company but has learned strategies that have been successful in his own investing. He has a BS in business administration and a BS in engineering technology from ETSU and a MA in business administration from Elon College.

Eight sessions: Tuesdays, 2:30 p.m. - 3:40 p.m., February 4, 11, 18, 25; March 4, 11, 18, 25

202 Transferring Values Through the Transfer of Valuables

Through this presentation we will learn how charitable estate planning can allow us to leave a legacy of values through our estate plans. We will begin by discussing a few basic estate planning concepts that will help all of us understand the need for planning and how things can often go wrong without both proper planning and proper understanding of how the plan works. We will then discuss some ideas that we can use to integrate charitable giving to the broader estate plan. We will then conclude with examples of how charitable estate planning can accomplish your goals through the transfer of your valuables.



Jeremy Pharr, JD, serves as President of the Charitable Estate Planning Institute 501(c)(3). The institute offers top-level education on charitable estate planning for development staff, gift planning officers and professional advisors.

One session: Wednesday, 1:00 p.m. - 2:10 p.m., March 5

**Do you have an idea for an interesting class?
Please let the Curriculum Committee members or the ORICL office know.**

Please note: Every person registering for Winter/Spring 2025 who is new to ORICL must pay the \$130 registration fee. We cannot process your registration without the accompanying fee; however, (unless otherwise noted in a class description) please do not pay for art/materials/trip fees until you receive your schedule signifying that you are enrolled.

203 TCJA Sunset - Are You Prepared?

Unless Congress acts, the Tax Cuts and Jobs Act (TCJA) 2017 will “sunset” on Dec. 31, 2025, and **NOW is the time to prepare!**

Why should you care? Taxpayers could see higher income tax brackets, the standard deduction could be cut almost in half, and the estate and gift tax exemption could also be massively reduced, and that’s just the beginning!



In this class, you’ll gain a better understanding of:

- The critical elements of the TCJA to consider,
- The income tax rate implications of the TCJA sunset,
- Tax deductions and credits to consider,
- How to utilize the estate and gift tax exemption, and to plan to make the most of your tax strategy.

Caroline Friedrich, CFP®, CPA is a financial advisor with a focus on retirement and tax planning. She founded Hillvale Wealth Management, LLC in 2024. She graduated from the University of Tennessee with an accounting degree and completed the Master of Accountancy Program with a tax concentration. Caroline spent a decade in Big 4 public accounting where she consulted with high-net-worth clients on tax compliance and planning strategies. Caroline provides fee-only investment advisory services and comprehensive financial planning as a fiduciary. Caroline lives in Knoxville with her husband and 3 young girls.

One session: Wednesday, 9:30 a.m. - 10:40 a.m., February 5

COMMUNITY & GOVERNMENT

250 Youth in Our Community



The presentation will look at current statistics and data about what the youth in our community are facing – academically, emotionally, and physically. A review of available resources in the community and ways to engage through afterschool and school break programming will be discussed.

Naomi Asher is the Chief Development Officer at Boys and Girls Clubs of the TN Valley – an organization serving Anderson, Blount, Claiborne, Loudon, and Knox counties. Her previous experience includes serving as the CEO for United Way of Anderson, Campbell, Morgan, and Scott counties and the Executive Director of Court Appointed Special Advocates (CASA) of the Tennessee Heartland.

One session: Monday, 9:30 a.m. - 10:40 a.m., April 7

Remember, if any scheduling changes have to be made after the catalog goes to print, they will be in your printed schedule. The most up-to-date calendar and class location list will be posted online and on the hallway bulletin board outside the ORICL office. Please keep your schedule with the calendar and the catalog so you can refer to it throughout the term. Changes are also announced in the weekly email.

251 City of Oak Ridge 101

In this class, City Manager Randy Hemann will discuss Oak Ridge City Government and current projects. The class will conclude by answering questions from the audience.



Randy Hemann has been the City Manager in Oak Ridge since November 1, 2023. Previously, he was Town Manager of Mooresville. During his time there, he helped the community grow and invest in services including a new police headquarters, fire station, a park, library branch, and the largest skatepark in the southeast. Randy held various positions in city governments throughout North Carolina before coming to Oak Ridge.

One session: Wednesday, 4:00 p.m. - 5:10 p.m., April 16

HISTORY

300 The History of Scotland and the Scots-Irish

This four-week course will consist of the history of:

- Ancient Scotland and its early people
- The Roman era
- Emergence of the nation of Scotland and relations with England
- Origins of the Clans
- Religion and its impact on Scotland
- The Ulster Plantation and the immigration to Colonial America and the influence of the "Scots-Irish" on America.



Ron Jones is a native of Knoxville, a graduate of Central High School, the University of Tennessee, and a life-long student of history. He has a special interest in the War Between the States, the American Revolution, Scotland and the Scots-Irish, and the Vikings. He is the author of three historical novels. Since retiring he has renewed his love of history through genealogy work and writing and speaking on each of these subjects.

Four sessions: Thursdays, 11:00 a.m. - 12:10 p.m., April 3, 10, 17, 24

301 The Building Blocks of American Thought: A Four-Hundred-Year-Adventure, Part 1

This class is an invitation to explore the development of the American mind, a unique set of ideas and thought processes that have created a cultural dynamic distinct among the World's peoples. Whether engaged in mundane tasks or driven to causes "liberal" or "conservative," all Americans are the heirs of common values generated by "a great cloud of witnesses" dating back four centuries. Part 1's lessons highlight the foundational grounding established by the Puritans and their thought-descendants:

- Genesis: American Puritanism Faith and Practice (1630 and beyond)
- Exodus: The Puritan Faith Tried and Troubled
- II Chronicles: The Ebbing of Puritan Thought
- Mr. McGuffey's Readers: Puritanism Revived

Fred Bailey brings to the ORICL program more than 40 years of experience as an American history professor who has traveled extensively across the United States, Europe, and Asia researching and delivering professional papers. His primary academic interest is the history of American thought, and among his hobbies is exploring the different epochs of British history.



Four sessions: Mondays, 11:00 a.m. - 12:10 p.m., February 17, 24; March 3, 10

302 The French Revolution

In this class, we will explore one of the most confusing, violent, and influential events in European history. How did the Revolution come about, how did it go so wrong, and how did it lead to the rise of Napoleon and decades of war? Join us as we explore these questions and much more.



David Adkins, a survivor of the University of Tennessee graduate program, is a historian who brings over a decade of classroom and public history experience with him. Well versed in a wide variety of topics, he currently runs the Mercenary Historian YouTube channel that explores all the dusty corners of history both great and small.

Four sessions: Thursdays, 6:00 p.m. - 7:10 p.m., February 13, 20, 27; March 6

303 The Russian Revolution



In the middle of the first world war, one of the most impactful moments in history took place on a train ride. The passengers on this train were smuggled into an old-world imperial nation, and changed it into the first communist power in history. How did all of this happen? Join us in exploring the Russian Revolution in all its tragedy.

David Adkins, see biographical information listed above under class #302.

Three sessions: Thursdays, 6:00 p.m. - 7:10 p.m., March 20, 27; April 3

304 The American Experience According to Ken Burns, Part II

This class will be a continuation from fall 2024. During the first two-hour class session we will have a discussion of evolving understandings of the nature of history and popular rationales for its usefulness. We will contrast “public history” and history as a scientific/scholarly discipline and the tensions between the two. Finally, we will address, how professional historians’ understanding of the American experience evolved in our lifetimes, explore how revisionist understandings of our past that first appeared circa 1965 to 1980 dramatically challenged more traditional understanding of our national experience, and discuss how this has trickled down to curious non-scholars via various aspects of American popular culture. We will conclude with a Burns “short” that offers a clearly controversial take on our “foundational saga.” This revisionist-informed take on the encounter between Native Americans and European newcomers will illustrate how and why Burns’ documentaries earn both acclaim and criticism.



For each of the remaining class sessions, we will watch clips of at least an hour from five Burns documentaries. At the beginning of each class session, a brief review of how historians’ views on these topics have evolved will be presented. At the end of each session, we will conclude with a brief discussion of how Burns addresses these topics and why some more traditional-minded Americans decry his attention to “divisive concepts.”

Mark Banker is retired from Webb School in Knoxville, TN. He was a teacher of Advanced Placement US History, Tennessee History, and Southern Appalachia history. He has taught at both the high school and college levels. Mark has received several awards and has published Appalachians All: East Tennesseans and the Elusive History of an American Region (University of Tennessee Press, 2010) and many articles.

Seven sessions: Tuesdays, 4:00 p.m. - 6:00 p.m., February 11, 18, 25; March 4, 11, 18, 25

305 William Blount: The Man and His Mansion

Occasionally referred to as Tennessee's "founding scoundrel," William Blount signed the U.S. Constitution and played a leading role in creating the new state of Tennessee, but ended his career in ignominy, deeply in debt and facing trial as the first impeached federal official in U.S. history.



Blount's circa 1792 home still stands on the north bank of the Tennessee River in downtown Knoxville, a testament to this complex man and his bygone age. It is Knox County's only National Historic Landmark.

In this single-session class, historian and author Michael Jordan, who worked as Blount Mansion's public relations director for several years and recently authored the museum's official guidebook, will share the compelling story of the man and his mansion.

Michael Jordan is a storyteller who loves to dig into the history of the places where he lives and share with others the stories he unearths. Michael is the creator of more than 30 historical films and the author of 5 local history books. He is a former television journalist and freelance war correspondent who moved with his family from Savannah, GA to Knoxville a decade ago. Since then, Michael has worked as the public relations director at a National Historic Landmark Museum and is now a fundraiser for WUOT, the public radio station broadcast from Knoxville and Oak Ridge.

One session: Thursday, 11:00 a.m. - 12:10 p.m., February 13

306 The Lewis and Clark Expedition: A Most Excellent Adventure



In the spring of 1803, President Thomas Jefferson set in motion an expedition to explore a portion of the recently acquired Louisiana Purchase, 530 million acres that stretched from the Mississippi River to the Rocky Mountains. It was a region that was virtually unknown to anyone other than the thousands of Native Americans who lived there, but for Jefferson and the young United States government, it was a region with unlimited potential and promise. One year later, under the command of Meriwether Lewis and William Clark, 45 hand-picked men set off on an epic journey that crossed the Rocky Mountains and continued to the Pacific Ocean. When they returned almost two and a half years later, they had established relations with dozens of Native American nations, encountered new species of plants and animals, and brought back a wealth of scientific knowledge. This course will look at the preparation, planning, and impact of the Lewis and Clark Expedition, a remarkable adventure that fired the imagination of a young nation and is still regarded as one of the most ambitious and successful government expeditions ever attempted.

Michael Toomey is Professor Emeritus of History at Lincoln Memorial University. He retired in 2022 and now spends his time hiking, gardening, reading, and struggling through the New York Times crossword puzzles. He is a graduate of the University of Tennessee and lives in Anderson County with his wife, Lydia Birk.

Four sessions: Wednesdays, 9:30 a.m. - 10:40 a.m., February 12, 19, 26; March 5

You may register for classes after the term has begun if classes are not full. We discourage participants showing up to classes without being registered for several reasons: the class may be full or there may not be enough handouts. Also if you are not registered, you will not be notified via text or email if the class cancels or the start date or location of the class changes.

307 Building and Raising “The Ladies’ Ironclad”

In 1862, a group of 22 women, 5 of whom were Jewish, led a successful fundraising effort to create an iron-clad warship for the Confederate Navy. The Massachusetts-born composer of “Jingle Bells” even played a role! The ship, officially named the *Georgia* but referred to by locals as “The Ladies’ Ironclad,” was intentionally sunk by its crew when Union general William T. Sherman arrived at the end of his “March to the Sea.” It remained on the bottom of the murky Savannah River until it was raised by archeologists to make way for a harbor deepening project more than a century and a half later. The resulting salvage effort recovered more than 30,000 artifacts and helped rewrite the story of this little-known vessel.



Historian and filmmaker Michael Jordan wrote a master’s thesis on the ship in 2006 and was hired in 2015 to produce the official U.S. Army Corps of Engineers documentary on the raising of the wreck. Michael also contributed a chapter to the official archeological report detailing new information about early efforts to salvage the *Georgia* immediately after the war.

In this one-session class, Michael will share the surprising, enjoyable, and fascinating story of this most unusual warship.

Michael Jordan, see biographical information on previous page under class #305.

One session: Thursday, 11:00 a.m. - 12:10 p.m., February 20

308 On Fields of Strife: An Examination of Courage and Cowardice in the American Civil War



As in any war, some men run to the sound of the guns and some run away. The Civil War was no different. But since it was the country’s first mass conflict, there were many instances of both courage and cowardice in both armies. North and South had to find ways to recognize one and deal with the other. And, sometimes, issues of courage and cowardice showed up in unexpected places.

Tim Vane served in the U.S. Army for more than 20 years and retired as a Lieutenant Colonel. During his time on active duty, he participated in Operation Just Cause (Panama), the First Gulf War, and Operation Uphold Democracy (Haiti). He earned his BA from La Salle University and MA from California State University. His military education includes the Field Artillery Basic and Cannon Courses, the Infantry Officers Advanced Course, the Defense Information School, and the Command and General Staff School. Tim Vane retired from ORNL in 2014, he now owns his own consulting company and is co-owner of How2LeadUS, which teaches leadership development to businesses and organizations. The company uses Civil War battlefields as the classroom and often uses re-enactors and equipment as part of the instruction.

One session: Wednesday, 1:00 p.m. - 2:10 p.m., March 26

309 Yet Even More Stories from the Secret City (online - ZOOM)

This class involves a discussion of Oak Ridge history in a question-and-answer format with visual images of historic photographs and documentary films. Emphasis will be placed on the early history of Oak Ridge but will include more recent history. We will discuss the Manhattan Project National Historical Park and possible future science and heritage tourism efforts. Guest speakers will present information about their areas of expertise.

Ray Smith has been the Oak Ridge City Historian since 2015; Tennessee historical commissioner for east Tennessee since 2017; Cohost for Hidden History: Stories from the Secret City; newspaper columnist for The Oak Ridger and Morgan County Today’s Historically Speaking weekly column. He has been a documentary film producer; photographer; authored “Critical Connections,” and has been an ORICL instructor for the past several years.

Three sessions: Mondays, 9:30 a.m. - 10:40 a.m., March 3, 10, 17

310 Mira Kimmelman Holocaust Education Study Group

Oak Ridge Holocaust survivor Mira Kimmelman's memoir, *Echoes from the Holocaust*, concludes "Only by remembering the bitter lesson of Hitler's legacy can we hope it will never be repeated. Teach it, tell it, read it." The four-session class will do just that – examine the historical context and phases of the Holocaust, analyze its impact on our modern world, and explore the questions that it raises about democracy, tolerance, bigotry, and hatred.



As conveyed through her memoir, speeches, and interviews, Mira Kimmelman's Holocaust experiences will provide personal context for our study. Class members should buy or borrow a copy of *Echoes from the Holocaust* prior to the first class meeting.

This class is discussion-based and interactive. Attendance each week is strongly encouraged. Each two-hour session will include a short break, and snacks will be provided. An optional 'field trip' to the Jewish Congregation of Oak Ridge synagogue will be scheduled between the first and second meetings of the class.

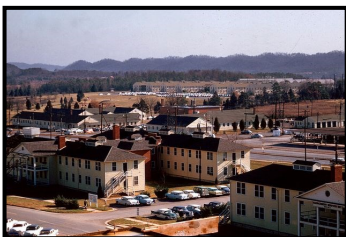
Steve Reddick is a retired Oak Ridge Schools' history teacher and current Holocaust educator for the Tennessee Holocaust Commission and for Facing History and Ourselves. For the past seven years, he has co-facilitated the Mira Kimmelman Holocaust Education Study Group that was originally organized by the Jewish Congregation of Oak Ridge and the Unitarian Universalist Church and now meets through ORICL.

Dorothy DeVan retired from teaching English at Jefferson Middle School 8 years ago. Each year, she taught a unit of Holocaust literature that included the play version of The Diary of Anne Frank, plus excerpts from Holocaust survivor memoirs, including local author, Mira Kimmelman. She has previously taught two ORICL classes focusing on short stories, and she also teaches English as a Second Language classes twice a week at Grace Lutheran Church.

Dale Rosenberg is a Jewish educator and the Rebbitzin (Rabbi's wife) of the Jewish Congregation of Oak Ridge. She has been teaching at ORICL since moving to Oak Ridge in the beginning of 2024. She was a participant in the Holocaust Study Group last year and is looking forward to joining the instructor team.

Four sessions: Wednesdays, 11:00 a.m. - 1:00 p.m., February 12, 19, 26; March 5

311 Oak Ridge Pioneers



Mike Stallo will highlight some of the early citizens of Oak Ridge. The focus will be from 1940s until 1959 when the town incorporated. Biographical sketches include former Mayor A. K. Bissell, Union Carbide manager Clark Center and physicist Frances Pleasonton.

This one session class will be offered twice. Please only choose one session to attend.

Mike Stallo's career in records management at DOE transitioned into a reputation as a historian for Oak Ridge and then a staff position at the Oak Ridge Public Library. Mike currently manages the "Oak Ridge Room." Mike also contributes to Ray Smith's popular "Historically Speaking" column on occasion. The Oak Ridge Room digital collection includes photographs, documents, and letters. In the physical collection at the library are primary and secondary resources on Oak Ridge, the Manhattan Project and atomic history including documents, letters, reports, articles, photographs, artifacts, maps, school annuals, newspapers and books. He was president of the Oak Ridge Heritage & Preservation Association the founding year of Oak Ridge History Museum and continues his board membership.

One session: **(Please choose only one session.)**

311A: Friday, 9:30 a.m. - 10:40 a.m., March 7

311B: Friday, 9:30 a.m. - 10:40 a.m., March 14

312 Traveling to Swabia: An Adventure Across Time, Part II

Swabia, located west of Bavaria and similar in size, formed following the fall of the western Roman Empire during the late 400s as an amalgamation of various tribes that became a major duchy of the Holy Roman Empire as did Bavaria. Swabia existed for over 1,000 years, then was disassembled, destroyed by Napoleon's army in the early 1800s. During the eleventh century, a daughter of the Duke and Duchess, Gisele, became the most remarkable woman of the High Middle Ages. Described historically as "exceptionally beautiful", as was her older sister, Mathilde, and her younger sister, Beatrix, theirs were traits of beauty from their mother, Royal Princess Gerberga of Burgundy. Mathilde and Gisele grew from childhood with deep affection for each other in their privileged world of high royalty. Mathilde was married at age 13, Gisele at 12, as was the custom of the time when daughters in marriage were the means with which political differences between and among families were resolved or strengthened. Entanglements involving Mathilde and Gisele found their way entwined for generations after them, although their story alone is the stuff of Hollywood: war, murder, political intrigue, tragedies, lost loves. Mother of nine, Gisele became Queen of Germany, Queen of Italy, and Queen of Burgundy, then rose to Empress of the Holy Roman Empire with her third husband, the Emperor, Konrad II.



Alex Gabbard went off to college to study mechanical engineering but was drafted into the Vietnam conflict. After returning to college, he studied atomic physics and had a career researching civilian applications of energy at ORNL. He is now retired and enjoys restoring old cars and writing. He has written many books about his interests and has published 37 books.

One session: Monday, 9:30 a.m. - 10:40 a.m., February 10

313 Scarboro 85



The Scarboro 85 Monument Celebration Committee has been working diligently to honor the 85 students who entered the previously segregated Robertsville Junior High and Oak Ridge High Schools, in 1955. John Spratling will tell the story of the Scarboro 85 and share what is being done in Oak Ridge to honor the 85 brave young people who were the very first African American students to desegregate a public school system in the Southeast United States.

John Spratling is a native of Oak Ridge. He earned a BA in education and Spanish from East Tennessee State University. He earned an MA in teaching from East Tennessee State University. He is currently a 5th grade teacher at Robertsville Middle School. He has received the Civil Rights/Liberties: Excellence in Teaching Award for the Social Studies Tennessee Council. He is a member of the Boys and Girls Club of Oak Ridge Board of Directors, member of the NAACP Oak Ridge-Anderson County, trustee at Oak Valley Baptist Church, and head basketball coach at Robertsville Middle School.

One session: Monday, 2:30 p.m. - 3:40 p.m., February 17

314 Automobile History, Part II

In this class we will discuss the evolution of automobiles from the earliest beginnings to modern times. Highlights will include American contributions; primarily focusing on competition and rapidly changing technologies of the 20th century.

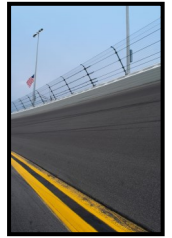
Alex Gabbard, see biographical information listed above under class #312.

One session: Monday, 9:30 a.m. - 10:40 a.m., February 17



315 Return to Thunder Road, The Story Behind the Legend

Hear the real-life story of moonshining as a way of life in the southern Appalachians. This is the story of backwoods survival the way it was taught for generations, handed down from father to son. In this class you will ride with the moonshiners as they tell their stories from corn mash to carloads of “mountain dew.” You will hear about the U.S. Treasury Agents who were sent to stop them. This class will reveal how making whiskey grew from “nuthin’ to do but hoe corn and make moonshine” to a massive effort to shut down the multi-million-dollar trade with a manhunt that put most moonshiners out of business, and many behind bars.



Alex Gabbard, see biographical information on previous page under class #312.

One session: Monday, 9:30 a.m. - 10:40 a.m., February 24

316 The Forgotten History of America’s Original Inhabitants

The ethnic groups we call “Indians” have been lied to, sold into slavery, killed for a bounty, and seen as ignorant. Although many were seen as heathens, they were spiritual people. They created many medicines and were the best “environmental protection agency” we ever had.



Wes Hibbert grew up in Pennsylvania’s southeast corner Bucks County. After high school he attended Kansas Wesleyan University and earned a BA, and then went to Aquinas College for graduate work. Wes didn’t think his education was limited in anyway until he realized he knew very little about who originally inhabited North and South America, what they accomplished, how they managed to survive and what family life was like prior to 1492 and even later.

Nine sessions: Tuesdays, 9:30 a.m. - 10:40 a.m., February 11, 18, 25; March 4, 11, 18, 25; April 1, 8

PHILOSOPHY & RELIGION

350 Lovingkindness and Unbounded Friendliness (Online - ZOOM)

Metta is part of Buddha’s heart teaching about lovingkindness or the *Brahma Viharas* – compassion, sympathetic joy, equanimity, and “unbounded friendship” – often called the Heavenly Abodes. This practice will bring participants into experiences of lovingkindness and focus on how to bring about these Heavenly Abodes in one’s daily life. We will look at *sila* (virtue), *samadhi* (concentration), and *pañña* (wisdom) as they relate to “lovingkindness”. Since our purpose is to cultivate lovingkindness and goodwill, the class will be of benefit to anyone who is interested in goodwill. The focus will simply be on how a person can cultivate a sense of lovingkindness toward oneself, others, and all beings everywhere, regardless of one’s spiritual tradition.



Fred Martinson is an art historian (PhD, University of Chicago) who taught at the University of Tennessee for 30 years. He has a special interest in the iconology of Buddhist Art (“meaning” as well as style and context.) After specializing in the meaning of Buddhist subjects in Asian art for decades, over 25 years ago, he sought training and began a meditation practice of his own. Since that he has studied with several different teachers and participates in a half-dozen meditation and study discourses in the Knoxville area including several on suttas.

Twelve sessions: Mondays, 11:00 a.m. – 12:10 p.m., February 3, 10, 17, 24; March 3, 10, 17, 24, 31; April 7, 14, 21

351 History of the Jews, Part 2: From the Middle Ages to Modernity

How did Judaism develop as a religion and a civilization? How did a tribe of Near Eastern shepherds become the first monotheists and what changed when they did? How did the Roman Empire change Judaism from a Temple-based cult to a worldwide religion? Where have Jews lived in the world since then? How have the Jewish communities of the world fared under Christian and Muslim rule? Where were the centers of Jewish learning and culture at different points in the Jewish people's evolution? How has anti-Semitism shaped Jewish identity and sensibility? How did the role of American Jewry change after the Holocaust and after the founding of the State of Israel?



This class continues where Part 1 left off in the fall semester, looking at the History of Jews and Judaism from the Late Medieval Period through the present time. No previous knowledge of Judaism is assumed, and you do not have to have taken the fall class to attend this one.

Dale Rosenberg is a Jewish educator and the Rebbitzin (Rabbi's wife) of the Jewish Congregation of Oak Ridge. She has taught at a variety of synagogues, colleges, conferences, and Jewish retreats. Dale loves teaching at ORICL, which she has been doing since moving to Tennessee in January of 2024.

Twelve sessions: Tuesdays, 11:00 a.m. - 12:10 p.m., February 4, 11, 18, 25; March 4, 11, 18, 25; April 1, 8, 15, 22

352 Living with Antisemitism

The massacre in Israel on October 7, 2023 was followed by an immediate and sharp increase in antisemitic incidents in the United States. The incidents ranged from threats to Jewish students on college campuses to Nazi symbols and antisemitic screeds popular on social media to physical violence. Before the Israel/Hamas War began, antisemitism in the United States was already at the highest historical rate since hate crimes had been recorded. October 2023 resulted in four times as many anti-Jewish incidents as October 2022 and the threat environment for American Jews has only gotten worse since.



Although Jews represent approximately 2% of the American population hate crimes targeting Jews are consistently 60% of religiously based hate crimes in the US. Before the current surge, antisemitic acts had already been on the rise, including mass murder of Jews praying in a synagogue in Pittsburgh. Antisemitism is in no way new to American culture, and the increase in antisemitic incidents highlights deep divisions in American society.

This class will attempt to put current American antisemitism into context and give participants a chance to discuss trends in and responses to this scourge on American liberty. The historical background of antisemitic beliefs and behavior will be briefly covered, but most of the course will deal with how antisemitic ideas and acts affect contemporary Americans.

Why are Jews targeted for hate and how do American Jews cope with the hatred? How does antisemitism relate to racism and other forms of bigotry? What political, religious, and social factors have led to an increase in antisemitic expressions and behaviors? What are the "code words" and other methods that antisemites use to signal to like-minded people while maintaining plausible deniability of antisemitic views? In what way do political figures exploit antisemitism for their own gain? Does that ever backfire? Is it possible to be an antisemite and a supporter of the State of Israel? Is it possible to have antisemitic views and have Jewish friends and relatives? We will explore these and other questions concerning this timely and difficult topic.

This class is being taught as a follow-up class to #310 Mira Kimmelman Holocaust Education Study Group. That class is not a requirement for this class.

Dale Rosenberg, see biographical information listed above under class #351.

Four sessions: Wednesdays, 11:00 a.m. - 12:10 p.m., March 12, 19, 26; April 2

353 Theology: Speaking of God (HYBRID)

Human language is a necessary tool of communication not only for everyday life, but also for the most serious and most important areas of life like the sciences, medicine, religion, psychology, sociology, etc. Every professional discipline has its own jargon that often sounds like a foreign language to outsiders. Learning a particular jargon is basic to the profession. Insider language is an aid to communication within a professional group, but communication with outsiders becomes a necessary task that often requires more verbiage and effort than speaking with a professional peer.



The word *theology* is a religious jargon combining two Greek words *theos*, God, and *logos*, word or study – a word or study of God. Theologian John Macquarrie simplified the meaning of theology to “God-talk.” He wrote that theology has its own rules of logic distinct from chemistry or history. The rules of theological language do not allow a description of deity under the same rules of a material object or even a human person.

Since 1962, Larry Dipboye has served six churches in pastoral ministry in Texas, Missouri, Kentucky and Tennessee. He has lived in Oak Ridge since 1988 and retired as co-pastor with his wife Carolyn Dipboye from Grace Covenant Church in 2019. A graduate of Baylor University and Southwestern Baptist Theological Seminary in Texas, he received his PhD from Southern Baptist Seminary in Louisville, KY, in 1970 where he later served as adjunct professor.

Five sessions: Thursdays, 11:00 a.m. - 12:10 p.m., February 27; March 6, 13, 20, 27

HEALTH, WELLNESS & MEDICINE

400 Aging & Independence: Considerations



Class #1: We will collaborate with participants to create a definition of “independence” in aging. We will also explore various aspects that may relate to a feeling of greater independence for older adults.

Class #2: We will look at some trends in the U.S. and other countries toward fostering independence in aging.

Elaine Wilson has lived in Oak Ridge since 2014. She received her MSSW in social work from the University of Tennessee in 2009 and is a Licensed Clinical Social Worker. Elaine is Special Projects Coordinator at Care Around the Block (CAB), where she participates in program development, project management, coaching and education. Before Elaine began her career in social services and home care, she completed a 20-year career in audiology. After graduating from University of Tennessee, she worked as Director of Social Services in a nursing center in Massachusetts for 5 years before returning to east Tennessee.

Angie Jones, COTA/L is the Client Services Coordinator at Care Around the Block (CAB). She is originally from Coleshill, United Kingdom, but has lived in Knoxville for the past 15 years. She has a degree as an Occupational Therapy Assistant and is certified in home safety and human resources.

Two sessions: Tuesdays, 9:30 a.m. - 10:40 a.m., April 15, 22

401 Living Your Best Life: Keys to Optimizing Better Mental Health

“Life is difficult and complex,” said M. Scott Peck. His opening to his 1978 book, *The Road Less Traveled*, remains as true today as it did over four decades ago. Optimizing better mental health is important in managing life’s hardships and plays an important role in people living their best life. This course is intended to be conversational and help elevate the importance of mental healthcare in building stronger individuals, families, and communities.



Michael Yates has nearly 35 years of combined experience in community behavioral health and public child welfare services. He received a Master of Divinity from Vanderbilt University in 1990. He spent two years at Vanderbilt Psychiatric Hospital before joining the McNabb Center in 1992. He spent 12 years providing therapeutic foster care services before joining Harmony Family Center in 2004 as the statewide director of the Adoption Support and Preservation Services program, where he received the Bill Williams Award for excellence in adoption services. Michael joined Ridgeview Behavioral Health Services as Director of Development in 2014. Michael is also a regular contributor to newspapers through op-eds, guest columns, and agency-related media releases. He was Project Director on Rural Communities Opioid Response Program-funded planning and neonatal abstinence syndrome programming and is current PD on the Behavioral Health Support project. Michael has served on the Session of Westminster Presbyterian Church and is a former board member of the Alcoa City School Foundation, Alcoa Kiwanis Club, and is past Chair of the Mental Health Association of East Tennessee Board of Directors. He is married to Ruth and has two adult children.

One session: Thursday, 1:00 p.m. - 2:10 p.m., March 13

402 The Narrative in Medicine



Medicine is a narrative profession. This class will present the idea that the narrative is disappearing in the practice of medicine and offer some ideas why. It will also cover narrative medicine primarily as a philosophy of care based on the creation of an authentic connection between the story the patient tells and the one the physician hears. Finally, it will provide examples of the use of narrative medicine to teach patient care, expand medical knowledge, and promote interpersonal and communication skills. Discussion is encouraged.

*Ron Lands is a semi-retired hematologist who grew up in east Tennessee, is a graduate of Tennessee Tech University, the University of Tennessee College of Medicine, and an MFA alumnus of Queens University of Charlotte. He has practiced medicine for many years near the community where he grew up and was privileged to treat strangers, lifelong friends, and a few relatives. He has published short stories, poems, and essays in literary and medical journals. He has published two collections of poetry, *Final Path* and *A Gathering of Friends* and a collection of short stories, *The Long Way Home*. Almost all of his writing originates from his medical experiences in the clinic making his vocation and avocation blend nicely.*

One session: Wednesday, 9:30 a.m. - 10:40 a.m., March 12

Important 2025 dates to remember:

January 20 -- Martin Luther King, Jr. Day/ RSCC and ORICL closed

February 3 -- Winter/Spring classes begin

March 10 - 14 -- Spring break, no in-person evening classes

April 18 -- Good Friday/RSCC and ORICL closed; no classes

April 25 -- Winter/Spring classes end

In the event of inclement weather: if the Oak Ridge campus of RSCC is closed, the ORICL office is closed and all ORICL classes are cancelled. Please stay abreast of weather conditions and monitor local news-casts. If RSCC, Oak Ridge campus is closed ORICL is closed. The exceptions are online classes and those held at the Oak Ridge Art Center. The ORAC follows the Oak Ridge City Schools closure schedule.

403 Body Menders**Fee: \$10**

Body Menders is a fitness program designed for the older adult but meets the needs of everyone...the overweight, heart patients, the sedentary, the athlete, the diabetic and those recovering from illnesses or injuries. All classes offer a moderate approach, agility, flexibility, strength, circulation, reclaiming lost skills and comfort, improved balance and coordination. This class is designed to be done in and around a chair. Bands, weights and a soft foam ball are used to accomplish our goals.

Frances Gross has the following certifications: Energizing Exercises, NDEITA (National Dance Instructor Association Jazz Dancercise), Instructors training clinic & choreo-aerobics from Georgia State University; Exemplary Certification Body Recall, Inc.; Certified Trainer/Body Recall/Special Populations; Tennessee Elderhostel; Advanced FITOUR® Pilates; Yoga

Four sessions: Thursdays, 9:15 a.m. - 10:30 a.m., February 6, 13, 20, 27

This class will meet at the Children's Museum of Oak Ridge, 461 W. Outer Drive, Oak Ridge.

404 Health Updates: Diabetes, Female Heart Disease, and Dementia

This three-session class will focus on the following topics:

- Diabetes Update 2024 – Diagnosis, classification, and evaluation
- Female Heart Disease – Causes and prevention
- Dementia – Causes, prevention, and concerns



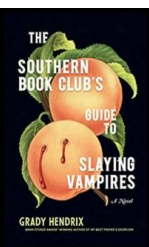
Dr. Elaine Bunick is a Board-Certified Endocrinologist and Internist with 48 years of experience. Although she has retired from private practice, she serves as a volunteer doctor here in Tennessee and on international missions. She has given many professional and public medical education presentations and serves as a medical advisor for the Senior Advisory Board. She is active in the Oak Ridge and Anderson County Covid-19 vaccine program.

Three sessions: Wednesdays, 9:30 a.m. - 10:40 a.m., March 19, 26; April 2

LITERATURE

450 The Southern Book Club's Guide to Slaying Vampires: A Study of the Novel

What could make a book club more interesting than a vampire? Join us as we discuss Grady Hendrix's 2020 novel. You will need to buy the book as the majority of this discussion will surround the text itself. We will spend the first class setting up the story and the remaining classes discussing the text.

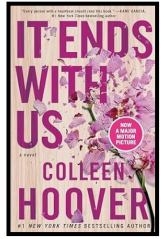


Myndalynn Word graduated from Maryville College in May 2021 with a bachelor's degree in English. During her studies she decided to complete her thesis on the haunted house subgenre of horror. She earned her master's in English through Southern New Hampshire University. She currently teaches at both Roane State Community College and Pellissippi State Community College.

Five sessions: Fridays, 1:00 p.m. - 2:10 p.m., February 7, 14, 21, 28; March 7

451 *It Ends with Us* by Colleen Hoover: A Study of the Novel and Movie

If you enjoy the romance genre, you will enjoy this novel. The class will spend one session setting up the story and the class, two sessions discussing the book itself, and three sessions watching the movie/discussing the similarities between the book and movie. You will need to buy the novel for this class, as reading is at the center of the discussion. **This story does discuss domestic violence, so please make sure you are comfortable discussing these elements before signing up for the class.



Myndalynn Word, see biographical information on previous page under class #450.

Six sessions: Fridays, 1:00 p.m. - 2:10 p.m., March 14, 21, 28; April 4, 25; May 2

452 Shakespeare Out Loud (online - ZOOM)

“Love all, trust few, do wrong to none.”

The Countess in *All's Well That Ends Well*, Act 1, Scene 1

“The soul of this man is his clothes. Trust him not in matter of heavy consequence.”

Lord Lafeu to Count Bertram (speaking about Parolles) in Act 2, Scene 5



The group will read aloud *All's Well That Ends Well*, Shakespeare's play that is based on the tale of Giletta di Narbona of Boccaccio's *The Decameron*. In the play Helen, a doctor's daughter, falls for Bertram, a count. After Helen cures the king of France of an illness, the king offers her the hand of any man; she chooses Bertram. Bertram, however, rejects her and flees to Italy to escape. After a complicated series of events, Helen gets her man.

This play contrasts the waywardness of youth against the stability of older people and idealism against cynicism. *All's Well That Ends Well* is rarely acted but has many delightful scenes. The characterization is clever and the persons are alive even if unattractive. Shakespeare seems to ask the question: If this story had really happened, what sort of people would these characters have been? Was the young woman too eager? Was the young man too spiteful? Join us as we read to discover how such a series of improbable adventures could end in general reconciliation and affection.

The group reads orally in round robin manner, stopping for informal discussion as the group desires. Mispronunciations welcome! You must have your own unabridged version of the play to read. Various editions pose no problems. The ZOOM format works well for this class.

Nancy Burwell retired from the mathematics department of Pellissippi State Community College, but her undergraduate degree is in English. She enjoys organizing the class and learning Shakespeare along with the other readers.

Seven sessions: Tuesdays, 1:00 p.m. - 2:10 p.m., February 4, 11, 18, 25; March 4, 11, 18

453 Writing Briefly: The Power of Language

This class will consist of short writings that may be poems, brief essays, or even fiction. The goal of this class is to learn to make writing more powerful by focusing on the power of language. For inspiration, we will study the best writers of this age and the last. Students will be encouraged to share, but no one is required to do so.

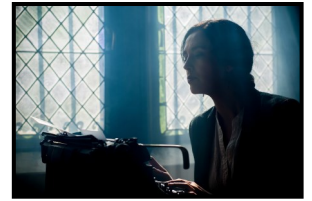


Sylvia Woods is a retired high school English teacher and poet. Her work has been published in a variety of anthologies and journals. She has also published a book of poetry.

Six sessions: Mondays, 9:30 a.m. - 10:40 a.m., March 17, 24, 31; April 7, 14, 21

454 Writing about People and their Places

Do you have a family story to tell? Maybe you want to write about your own experiences or want to try your hand at crafting a short story. This writer's workshop will concentrate on character and setting, two crucial elements in memoir, fiction, and even nonfiction. Group members will be given writing prompts and the chance to share that writing. We will also discuss how to get started when the blank page seems overwhelming. This class is open to writers of all experience levels.



Marilyn Mascaro has published multiple poems and essays, short memoirs, and two long works of narrative nonfiction. Her most recent book, published in 2023, is When the Rivers Flowed: An Ambitious Hillbilly and a Southern Flapper Discover Knoxville, Tennessee. A retiree from the Tennessee community college system, she taught freshman composition, American literature, and Appalachian literature at Roane State Community College. An east Tennessee native, Mascaro earned a BS in education and a MA in English from the University of Tennessee.

Three sessions: Thursdays, 9:30 a.m. - 10:40 a.m., March 27; April 3, 10

455 Getting to Know Silas House



This class will read some of the writings of Silas House including novel excerpts, short stories, poetry and perhaps an essay or two. Most of the reading will be done in class, and you are encouraged to read some of his longer works. I hope everyone will join in lively discussions.

Sylvia Woods, see biographical information on previous page under class #453.

Four sessions: Mondays, 9:30 a.m. - 10:40 a.m., February 3, 10, 17, 24

456 The Traditional Ballad in America

This four-session class will investigate the various traditional ballads found in America. These include the Child Ballads (named for Francis Child and have nothing to do with children), American Balladry from British Broad-sides, and Native American Ballads, whose compositions are native to America and have nothing to do with actual Native Americans. The format will be lecture, Q&A, and listening to a selection of the ballads.

Michael A. Lofaro is Emeritus Professor of American Studies and American Literature at the University of Tennessee, past president of the Tennessee Folklore Society, and has taught classes in Folksongs and Ballads for over 40 years.

Four sessions: Wednesdays, 11:00 a.m. - 12:10 p.m., February 26; March 5, 12, 19

457 Fiction Book Group (HYBRID)

The fiction book group encourages its members to read and discuss the fiction of the last several decades. We read the recent winners of the National Book Award, the Pulitzer Prize, the Booker Prize, the PEN/Faulkner Award, and other literary winners. Members recommend books they have read, and the final selections are made by majority vote. Attendees will discover new authors and titles to enjoy. You will like the lively, informal discussions and the insights offered by the avid readers in the group.

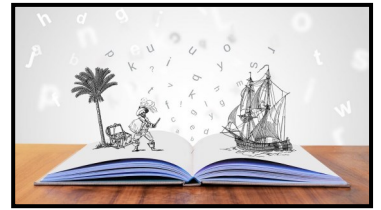


Class coordinator is Kay Moss. This group is a hybrid class (both in-person and online via ZOOM). The in-person group will meet in room F-112.

Four sessions: Thursdays, 1:00 p.m. – 2:10 p.m., February 27; March 27; April 24; May 22

458 Classic Literature Revisited (online - ZOOM)

Are there well-known books considered classics that you haven't read but would like to explore? Might there be some lesser-known titles by well-known authors that could be added to the list of their more famous works? What do these books and authors say to you now? Do they have a timelessness that applies to today's life and times or are/were they just a good story? What makes a book a classic?



The classics book group will discuss classic literature with the view of challenging each other for new insights into old favorites. The group reads mainly novels first published fifty or more years ago that are still in print/or easily obtained. We read prize-winning books by prize-winning authors. We read books that were bestsellers in their time, were recognized as the best then, and often still are. Attendees may bring their own suggestions of books and authors for future reading!

February 10: *So Big* by Edna Ferber
 March 10: *Anna Karenina* by Leo Tolstoy
 April 14: *Anna Karenina* by Leo Tolstoy
 May 12: *A Death in the Family* by James Agee

Class coordinator is Janice Watkins. This book group meets online via ZOOM.

Four sessions: Mondays, 1:30 p.m. – 2:40 p.m., February 10; March 10; April 14; May 12

459 Let's Read a Mystery (online - ZOOM)



Why do we love a mystery? For some it is the process of watching something so artfully concealed be slowly revealed. Many of us like a genuine surprise, something we didn't see coming; yet something, once it is revealed, we realize is inevitable. We appreciate an interesting crime that needs resolution. We crave the intellectual challenge of solving a puzzle. We enjoy being caught up in the cat-and-mouse game between the "good guys" and the "villains" in a thriller. We appreciate the protagonist through dangerous situations, knowing we are safe. For our mystery group, murder and mayhem can be lots of fun. Join us if you dare!

February 25: *The Mother-in-Law* by Sally Hepworth
 March 25: *Where Monsters Dwell* by Jorgen Brekke
 April 22: *Murder in a Small Town: The Suspect* by L. R. Wright
 May 27: *All Good People Here* by Ashley Flowers

Class coordinator is Claudia Earhart. This book group meets online via ZOOM.

Four sessions: Tuesdays, 4:00 p.m. – 5:10 p.m., February 25; March 25; April 22; May 27

460 Speculative Fiction Book Group (online - ZOOM)

This class is for those who love sci-fi and fantasy books and want to share their enthusiasm and discover good new reads. This group will meet via ZOOM once a month to discuss a book chosen by majority vote.



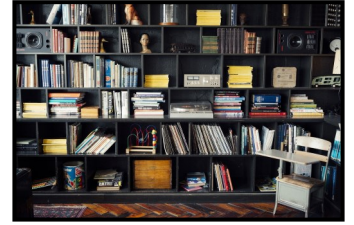
February 27: *The Left Hand of Darkness* by Ursula LeGuin
 March 27: *The War of the Oaks* by Emma Bull
 April 24: *Lucifer's Hammer* by Larry Niven and Jerry Pournelle
 May 22: *The Ministry of Time* by Kaliane Bradley

Class coordinator is Lalia Wilson. This book groups meets online via ZOOM.

Four sessions: Thursdays, 10:00 a.m. – 11:10 a.m., February 27; March 27; April 24; May 22

461 Nonfiction Book Group (online - ZOOM)

Nonfiction ranges widely: politics to biography, history to natural science, adventure to psychology, sociology to business – we read them all. Here’s an opportunity to discover the ever-changing and evolving facts and opinions expressed by the “experts” in subjects of personal or general interest. Members recommend books they have read with final selections made by the majority vote. Attendees may be surprised to read titles they might have never considered – PLUS enjoy lively discussions that often stimulate additional thoughts on these subjects from a plethora of members’ experiences and viewpoints.



February 20: *A Brief History of Time* by Stephen Hawking
 March 20: *Outliers* by Malcolm Gladwell
 April 17: *A Short History of Nearly Everything* by Bill Bryson
 May 15: *Hyperbole and a Half* by Allie Brosh

Class coordinator is Lalia Wilson. This book group meets online via ZOOM.

Four sessions: Thursdays, 10:00 a.m. – 11:10 a.m., February 20; March 20; April 17; May 15

LANGUAGE

500 Russian I



Russian (a highly inflected distant cousin of English) is the fifth most-widely spoken language in the world, the mother tongue of millions of people in a global power (the Russian Federation) spanning 9 time zones and 1/8 of the world’s surface, and by millions more in post-Soviet countries and a large diaspora. It is the language of a rich literary tradition, as well as scientific and economic developments – and that’s without getting into its political importance. This class is intended for those who know no Russian at all. Learners who want a refresher course are welcome but should be aware that we will be starting at the very beginning. Continuation courses are also offered, so check them in the catalog. We will begin with the basics of the alphabet and pronunciation and continue with grammar and reading practice. The emphasis will be in reading comprehension (and thus translation), but students will learn to speak and understand spoken Russian. There will be homework, perhaps an hour or 90 minutes a week.

We will use *The New Penguin Russian Course* by Nicholas J. Brown (ISBN 978-0-140-12041-7); it’s available online at Amazon, Barnes & Noble, and Books-A-Million. The local BAM store can order it. I recommend students also buy a verb book (e.g. *501 Russian Verbs* or *The Big Silver Book of Russian Verbs*) and *English Grammar for Students of Russian* by Edwina J. Cruise, and perhaps a grammar reference (e.g. *Russian Grammar* by I.S. Milovanova) or a Russian-English dictionary; I recommend the Oxford dictionary. Students who have access to the internet will be directed to resource sites.

Karen Davis worked for the federal government for 42 years. During that time she spoke or translated Russian or Ukrainian. For the last 12 years, she taught languages to Department of Defense personnel. She scored 4s in reading on the Interagency Language Roundtable scale (near-native) in both languages.

Eleven sessions: Mondays, 1:00 p.m. - 2:10 p.m., February 3, 10, 17, 24; March 3, 10, 17, 24, 31; April 21, 28

501 Russian II

This course will be a continuation of Russian I offered in the Fall term 2024. We will continue to use *The New Penguin Russian Course* by Nicholas J. Brown (ISBN 140-12041-7); it is available online at Amazon, Barnes & Noble, and Books-A-Million, and the local BAM can order it. We will have covered past and present tenses and aspects of verbs; accusative, prepositional, genitive, and dative cases of nouns and adjectives; reflexive verbs; and numbers. If you are comfortable with those topics, you are welcome to join us. There will be homework of around an hour or two per week.

Karen Davis, see biographical information above under class #500.

Ten sessions: Wednesdays, 1:00 p.m. - 2:10 p.m., February 5, 12, 19, 26; March 5, 12, 19, 26; April 23, 30

502 Russian III

This course will be a continuation of Russian II offered in the Fall term of 2024. We will continue to use *The New Penguin Russian Course* by Nicholas J. Brown (ISBN140-12041-7); it is available online at Amazon, Barnes & Noble, and Books A Million, and the local BAM can order it. We will have covered past and present tenses and aspects of verbs; accusative, prepositional, genitive, and instrumental cases of nouns and adjectives; reflexive verbs; relative clauses and ordinal numbers. If you are comfortable with those topics, you are welcome to join us. There will be homework of around an hour or two per week.



Karen Davis, see biographical information on previous page under class #500.

Ten sessions: Wednesdays, 2:30 p.m. - 3:40 p.m., February 5, 12, 19, 26; March 5, 12, 19, 26; April 23, 30

503 Russian IV (online - ZOOM)

This course is an intense, intermediate-level review for students who are well-grounded in Russian; it will be a continuation of Russian III offered in the fall term of 2024. We will continue to use *Learn Russian with 'The Nost' by Gogol* by Kees Van den End (ISBN 978-1-987949-95-7). Other texts will be provided to the students.

Karen Davis, see biographical information on previous page under class #500.

Ten sessions: Thursdays, 4:00 p.m. - 5:10 p.m., February 6, 13, 20, 27; March 6, 13, 20, 27; April 17, 24

504 Russian V



This course will be a continuation of Russian IV and V which were combined in the fall term 2024. We will continue to use the two books *Conversational Russian Dialogues* by LingoMastery (ISBN 978-1-51949-03-7) and *Short Stories in Russian* by Olly Richards and Alex Rawlings (ISBN 978-1-473-68349-5), and we will begin *101 Conversations in Simple Russian: Short, Natural Dialogues to Improve Your Spoken Russian From Home* by Olly Richards (ISBN 978-1-91490-05-6); they are available online at Amazon, Barnes & Noble, and Books A Million, and the local BAM can order any of the books.

Anyone is welcome to join us. We will be reading and translating; you should be reading at B1 level (ILR 2).

Karen Davis, see biographical information on previous page under class #500.

Eleven sessions: Mondays, 2:30 p.m. - 3:40 p.m., February 3, 10, 17, 24; March 3, 10, 17, 24, 31; April 21, 28

505 Ukrainian I

Ukraine is an old country that has been in the news recently. Its language is an Eastern Slavic language, related to Russian but distinctly different. A beautiful and complex language, it's tricky for English speakers, but well repays your efforts. In this class we will be starting from the very beginning, with the alphabet, so don't worry if you have no experience with it or any Slavic language! We will be using the book *Beginner's Ukrainian* by Yuri Shevchuk, second edition, ISBN 978-0-7818-1324-2, available online or on order from Books-A-Million here in Oak Ridge. There will be about an hour's worth of homework weekly.

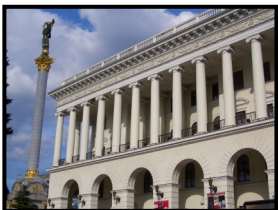
Karen Davis, see biographical information on previous page under class #500.

Eleven sessions: Tuesdays, 1:00 p.m. - 2:10 p.m., February 4, 11, 18, 25; March 4, 11, 18, 25; April 1, 22, 29



506 Ukrainian II

This course will follow on from Ukrainian I taught Fall 2024. We will continue using the book *Beginner's Ukrainian* by Yuri Shevchuk, second edition, ISBN 978-0-7818-1324-2, available online or on order from Books-A-Million here in Oak Ridge. There will be about an hour or two of homework weekly. The class will most likely begin with Chapter 8 of the textbook, possibly a bit behind that. This will mean that we have covered: the alphabet; concepts such as case and gender; adjectives; singular declensions of accusative, genitive, prepositional and possibly dative cases in nouns, pronouns, and adjectives; past, present, and future tenses; aspect; and numbers. If you are comfortable with those, you are welcome to join us. If not, I suggest the Beginning Ukrainian course instead.



Karen Davis, see biographical information on previous page under class #500.

Eleven sessions: Tuesdays, 11:00 a.m. - 12:10 p.m., February 4, 11, 18, 25; March 4, 11, 18, 25; April 1, 22, 29

507 Ukrainian Via Russian (CANCELLED)

This course is intended for learners who are at intermediate or higher in Russian. We will use the book, *Beginner's Ukrainian* by Yuri Shevchuk, second edition (ISBN 978-0-7818-1324-2), available online or you can order from Books-A-Million here in Oak Ridge. However, we will not proceed through the book as written, but approach Ukrainian grammar through comparison to Russian. If you aren't completely comfortable with Russian grammar and syntax, this course is not for you.

Karen Davis, see biographical information on previous page under class #500.

Ten sessions: CANCELLED

508 Latin II - Intermediate

The plan for this course remains a help-each-other format while having fun together translating stories/readings and learning more advanced grammar. The texts and readings will be chosen by the participants as the semester progresses.

Class coordinator is Nancy Basford.

Twelve sessions: Thursdays, 1:00 p.m. 2:10 p.m., February 6, 13, 20, 27; March 6, 13, 20, 27; April 3, 10, 17, 24



HOBBIES & HOW-TO

550 Family History for Beginners



Researching one's family story over the generations is a fascinating journey. This course is intended to provide the beginning family historian/genealogist with the knowledge to assist in that endeavor. The material will be presented in twelve sessions. The first half of the class will deal with the basics of family history/genealogy and will explore the records our ancestors left behind. This will be followed by discussions and demonstrations of personal computers for organizing and reporting information and using the internet as a resource.

Chuck Palmer is a retiree from the nuclear industry. Prior to retiring, he began to research into the history of his family and the family of his wife, Deborah. This has led to an extended family with some interesting stories. Chuck is eager to share the lessons learned during his research.

Twelve sessions: Thursdays, 11:00 a.m. - 12:10 p.m., February 6, 13, 20, 27; March 6, 13, 20, 27; April 3, 10, 17, 24

551 Cooking for One or Two

Fee: \$10

This will be a cooking class designed to cook for just one or two people. We will have hands-on demonstrations, tips for cooking smaller portions, and education on freezing meals.

This class will be offered in two sessions, to accommodate more participants. When registering, please only register for one session. Please also indicate if you have any dietary restrictions.



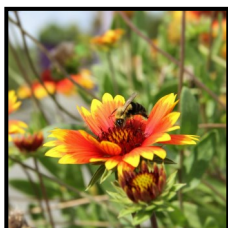
Patricia Paden is the University of Tennessee Extension Family & Consumer Sciences Agent for Anderson County. She conducts educational programming throughout the county in the following areas: nutrition and food safety, community health, human development, and consumer economics. A Knoxville native, Patricia has enjoyed working in Anderson County and getting to know its residents since beginning this position in March 2023. She earned a BA of psychology from Berry College in Rome, GA and a MA in educational psychology from the University of Tennessee.

Session A: Thursday, 11:00 a.m. - 12:10 p.m., March 13

Session B: Thursday, 11:00 a.m. - 12:10 p.m., April 3

Oak Ridge Unitarian Universalist Church, 809 Oak Ridge Turnpike. **Please register for only one session.**

552 All Things Gardening in Anderson County



Gardening can range from the typical in-ground vegetable production to edible landscaping with fruit trees and everything in between related to plants. In this presentation, your local extension agent will discuss recommendations along with common gardening and landscape mistakes. Bring your specific questions and learn about what a TN SmartYard is and the Master Gardener program.

Seth Whitehouse is the Agriculture & Natural Resources Agent in Anderson County. In this position, Seth works to improve his community by providing educational programming towards farmers, producers, and homeowners. Seth is also the Anderson County Master Gardener Association Coordinator and serves as the Chair for the Home Fruit & Vegetable Workgroup with the UT Horticulture Team. Prior to joining UT Extension, Seth conducted research on blueberry production at the University of Georgia and gained his MS in Entomology.

One session: Thursday, 2:30 p.m. - 3:40 p.m., February 27

553 Adventures in Nature Photography - A Personal Journey

*"In nature's infinite book of secrecy
A little I can read."*

-William Shakespeare, Antony & Cleopatra

This course will present photographs of wildflowers (the photographer's favorite subjects), wildlife, and landscapes from travels near (as close as his yard) and far, including the southern Appalachian Mountains, seacoasts in Florida and the Carolinas, New England, Colorado Rockies, desert southwest, Grand Teton and Yellowstone National Parks, Glacier National Park and Canadian Rockies, Pacific Northwest, and Alaska. While this course is intended mainly for enjoyment, presentations will strive to convey the *experience* of making photographs and to illustrate effective elements of composition, ways of dealing with distractions, and effects of the quality and color of natural light.



David Kocher has resided in Oak Ridge since 1971. He was a research scientist at Oak Ridge National Laboratory for 29 years, where he made many presentations to co-workers on "Phun with Photography." Since 2000, and now mostly retired, he has been a staff scientist at the Oak Ridge Center for Risk Analysis, where prints of a few of his photographs adorn the walls (and many more provide wall paper in his home).

Eight sessions: Mondays, 11:00 a.m. - 12:10 p.m., February 10, 17, 24; March 3, 10, 17, 24, 31

554 Thru Hiking the Triple Crown

The Appalachian Trail (AT), the Pacific Crest Trail (PCT), and the Continental Divide Trail (CDT) are the “big three” long-distance trails in the U.S. Their combined mileage totals more than 7,000 miles.

Thru hikers (anyone who completes every mile of a trail) revere these trails, calling them “the Triple Crown” of long-distance hiking. Not many have hiked all three, however. It’s been said that more people have flown in outer space than have hiked all three trails.



Longtime Oak Ridge resident Jim Smith intended to hike only one trail when he set off at age 61 to hike the AT. Somewhere along the way, he began to realize he wasn’t done with long-distance hiking, or maybe it wasn’t done with him. Completing the Triple Crown became an unexpected journey of many rewards.

Jim will share what he’s learned on his Triple Crown hikes and why he hasn’t stopped walking since.

Jim Smith came to east Tennessee in 1996 to work for a local television station. Later, he began building websites for non-profits, businesses, universities, and government agencies, and eventually worked at Oak Ridge National Laboratory. He retired in 2019 to allow more time for hiking, as well as traveling with his wife, Kim. He shares stories about his hikes at hikewithgravity.com

Two sessions: Thursdays, 2:30 p.m. - 3:40 p.m., February 6, 13

555 Cryptic Varietal Crossword Puzzles (online - ZOOM)



Mental exercise (such as working crosswords) is thought to benefit older brains by keeping them agile. In cryptic crosswords each clue is a puzzle. Cryptic crosswords have an added layer of logic, so cryptic varietal crosswords are like crosswords on steroids! They combine cryptic clues with variation on the construction; the intent of the puzzle authors is to entertain with novelty. We began this class with a core group of addicted, self-selected masochists, but we welcome new class members and will teach them the skills that the veterans have learned. We begin with an introduction together

as a class. We use U.S. varietal crossword puzzles to learn how to solve cryptic clues and to deduce the wordplay of the varietals. They will seem impossible at first! Vocabulary skills are regular crossword assets but not nearly as important as mental flexibility and clue-type recognition.

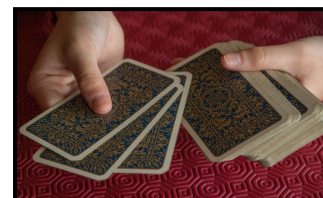
Elane Streets began learning to solve cryptic crosswords as a newlywed in England in the early 70s and although the shock was severe in the beginning, has learned to treasure them much better than even the toughest U.S. regular puzzles.

Twelve sessions: Tuesdays, 2:30 p.m. – 3:40 p.m., February 4, 11, 18, 25; March 4, 11, 18, 25; April 1, 8, 15, 22

556 Learn to Play Pinochle

We will teach you to play double deck Pinochle. Regardless of if you just need a refresher course or played single deck and want to learn double deck. We will teach you. Or if you are a new player, we welcome everyone! The first four weeks will be in a classroom setting. Then the next four weeks you will play at tables to practice what you have learned.

Dan Jones has been playing pinochle since he was 9 years old. He played single deck for years before starting to play double deck. He says it is a fun game to learn and equates it to chess where you can learn the basics, but it takes practice to become a good player.



Eight sessions: Tuesdays, 9:30 a.m. - 10:40 a.m., February 4, 11, 18, 25; March 4, 11, 18, 25

557 Crochet and Conversation

This group will meet for two hours once a week to crochet or knit together on our own projects. Since participants will be at varying levels of ability, participants may share information about yarns, projects, and techniques. Knitters or other crafters are welcome to join us.

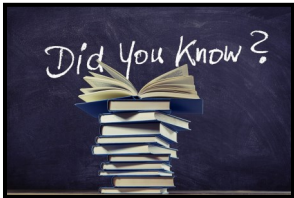


Lalia Wilson is an avid crocheter who has completed many projects.

Twelve sessions: Mondays, 4:00 p.m. – 6:00 p.m., February 3, 10, 17, 24; March 3, 10, 17, 24, 31; April 7, 14, 21

LECTURE SERIES

600 Friday Lecture Series



The Friday Lecture Series features presentations on a wide variety of topics that in the past ranged from Beekeeping, acupuncture and anthropological discoveries to esoteric research on quark-gluon plasmas or zoological studies. The series features experts in the arts, sciences, local histories, and other areas that should prove of general interest to ORICL members. Politics and religion will, however, be left for other classes. Members are encouraged to volunteer to give talks or recommend speakers

The class moderator is Carol Plasil.

Eight sessions: Fridays, 11:00 a.m. – 12:10 p.m., February 21, 28; March 7, 14, 21, 28; April 4, 11

Please remember that online registration opens December 3. Paper registrations will be processed beginning on December 4.

The earlier you register the better chances you have for getting the classes you request!

ORICL Class Disclaimer

The course content provided in these classes is for information purposes only and may not apply to your individual situation. ORICL and the staff provide no warranty about the content or accuracy of subject matter presented. Information provided is subjective. Keep this in mind when attending these classes. Any individual actions taken as a result of courses should be reviewed with competent authority. Please contact the ORICL office if you have any questions.

SPECIAL PRESENTATION

601 Oak Ridge Poet Laureates - Rose Weaver and Lillian Shafer



This presentation will be a speech/lecture on the importance of poetry among youths in the community. Rose and Lillian will present some of their own poems. They will discuss where inspiration comes from and how it has impacted them and their vision for future writers in the community.

Rose Weaver is involved with organizations and projects throughout the City and East Tennessee that involve with youth enrichment programs for youth where her not for profit 501 (c)(3) provides informal career and youth empowerment services. She served as the past 65th Anniversary School Desegregation Committee chair . She currently serves on the Scarboro Monument Committee and the Oak Ridge/Anderson County NAACP Education Committee.

Weaver has traveled throughout east Tennessee area to festivals, workshops, educational institutions, and conventions, connecting with communities about literacy and the arts, self-expression, and individuality. Through local schools she has used her poetry as a teaching tool to address literacy deficiencies in children, by facilitating self-expression and encouraging them to read.

In 2023 she was appointed the City of Oak Ridge Poet Laureate with the responsibility to serve as the ambassador for the City of Oak Ridge at ceremonial events, writing workshops, and public meetings. In her role Weaver has also been directed to work closely with the educational community, championing the art of poetry and spoken word, and encouraging the appreciation of the art form and creative expression.

In 2021 she launched "Express Yourself," a program where youth expressed their talents and abilities in spoken word and visual arts. She has read poems at events such as the unveiling of the Secret Growth American Museum of Energy Exhibit and the People's Suppers at the Historic Grove Theatre.

Weaver is currently reviewing her personal oral histories of the Scarboro 85 to soon be published along with her original poetry.

Lillian Shafer is a junior attending Oak Ridge High School. She has been writing short stories since the age of 8, and found passion in the emotions that words convey through poetry at the age of 14. She has taken Advanced Placement courses in language arts to further appreciate all aspects of writing. She hopes as poet laureate that she can ignite this passion among fellow peers by taking on this role.

Two sessions: Mondays, 6:00 p.m. - 7:10 p.m., April 7, 14

There are three categories of ORICL membership. Regular memberships are \$190 per year. If you didn't join in the Fall, the fee is \$130. **"Friends" Memberships** contribute a minimum of \$25 or more than the otherwise applicable membership fee. **Sustaining Memberships** are available for \$50 or more above regular memberships. **Sponsoring Memberships** are available for \$100 or more above regular memberships. These memberships are intended to provide additional funds for purposes beyond ordinary operating costs; however, the Board, at its discretion, may use these funds in order to avoid an increase in ORICL membership fees. The additional donation above the regular membership amount is tax deductible.

DIRECTIONS & MAP

Roane State Community College, Oak Ridge campus, is located at 701 Briarcliff Avenue, between Laboratory Road and Emory Valley Road. ORICL is located in the Coffey-McNally building in room F-111.



Map provided as a courtesy by TSW Design, Atlanta, GA.

Parking and building maps are available on the Roane State Community College website:
[Oak Ridge Campus Maps and Facilities - Roane State Community College](#)

Pictures from Past Years -- 2009 -- Fall Kick-off



Paper registration forms will be accepted in the office beginning in November and processed after registration opens in December.

Online registration will open on Tuesday, December 3; paper registration forms will be processed beginning the following day, Wednesday, December 4.

REMEMBER!

Please park in a legal parking space with a current ORICL hang tag on your rear-view mirror. This means no parking in driving lanes, spaces marked "visitor", next to the curb, or "unpainted" parking spots. If you forget your hang tag (which enables you to park in the faculty lots A and B), you will need to obtain another parking sticker in the office. If you are new to ORICL, come by the office to get a hang tag if you would like to take advantage of this benefit.

Curriculum Committee
Becky Rushton, Chair
Susan Perry & Melanie Neal, Class Schedule
Harriett McCurdy, Volunteer Assistant Coordinator

Karen Davis
 Betty Ann Domm
 Melanie Harless
 Debi Harrell
 Bob Hatcher
 Jim Knox
 Sue Lasky
 Priscilla McKenney

Kay Moss
 Melissa Nelson
 Carol Plasil
 Steve Reddick
 Jim Rushton
 Jackie Rylander
 Susie Stooksbury
 Michael Toomey

ORICL Board of Directors

Pat Bryan, President
Lois McKeever, Treasurer
Becky Rushton, Curriculum Chair
Nancy Burwell
Betty Anne Domm
Benito Gonzalez

Judi Gray
Jim Knox
Carolyn Krause
Ruby Miller
Jim Palmer
Jackie Rylander

THANK YOU!

Eagle-eyed proofreaders of the preprinted catalog are Nancy Basford, Sue Lasky, Vickie Reddick, and Becky Rushton. Graphics in this issue were obtained from *Pixabay* and the internet. Susan Perry and Melanie Neal typed in all the data and formatted and edited the catalog. Without a dedicated group of volunteers organized by Nancy Basford, this catalog would not reach your mailbox.

(Front cover photos from Summer and Fall 2024. The trip in summer 2024 included visits to Fort Loudoun, Sam Houston Schoolhouse, and Marble Springs. The class photo was taken at the Cedar Barrens in Oak Ridge. Photos provided by Sue Lasky and Kris Light.) ORICL reserves the right to take photographs in ORICL classes and on trips. Photographs may be used in ORICL newsletters, brochures, course catalogs, and/or other publicity designed to help the organization meet its mission.



ORICL - Enriching Lives Through Continued Learning

ORICL/RSCC
701 Briarcliff Ave.
Oak Ridge, TN 37830

NONPROFIT ORG
U.S. POSTAGE
PAID
PERMIT NO. 23
OAK RIDGE, TN

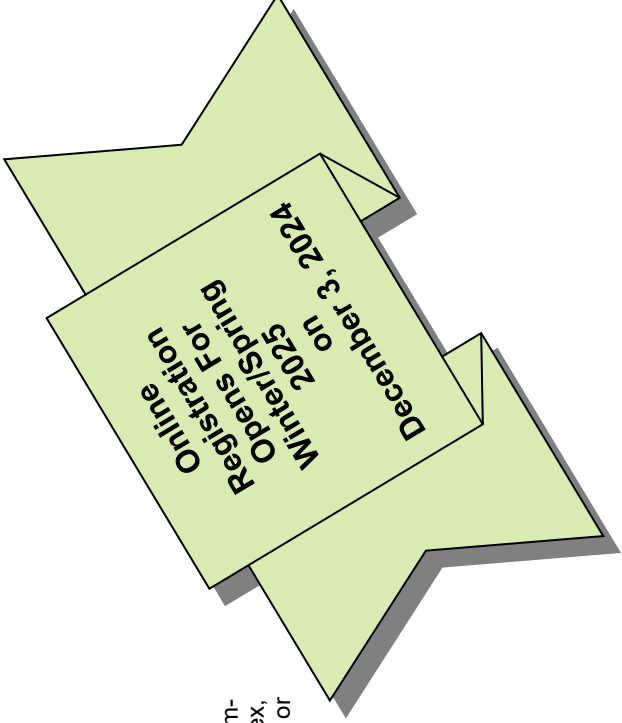
ORICL Office: Room F-111
Roane State Community College

Office phone: 865-481-8222
Email: oricl@roanestate.edu

Web page:
Roanestate.edu/oricl

Office Hours:
Monday – Thursday
9 a.m. to 12 p.m.; leave a
message at other times.

Susan Perry, Administrator
Melanie Neal, Assistant Administrator
 @ORICLRSCC



Roane State Community College is a TBR and AA/EEO employer and does not discriminate against students, employees, or applicants for admission or employment on the basis of race, color, religion, creed, national origin, sex, sexual orientation, gender identity/expression, disability, age, status as a protected veteran, genetic information, or any other legally protected class with respect to all employment, programs and activities sponsored by Roane State. The following person has been designated to handle inquiries regarding the nondiscrimination policies: Odell Fearn, Director of Human Resources/Affirmative Action, humanresources@roanestate.edu, 276 Patton Lane, Harriman, TN 37748, (865) 882-4679. The Roane State policy on nondiscrimination can be found at www.roanestate.edu/nondiscrimination.
RSCC Pub. No. 25-012
700 copies printed by C&D Desktop Publishing and Printing of Clinton, TN